













## SERVICE: LUNCH – FOOD FESTIVAL SPRING/SUMMER WEEK THREE Primary Core

### Hemingford Grey Gluten and Dairy Free Menu

Product	 Celery	 Cereals containing Gluten	 Crustaceans (Shellfish)	 Eggs	 Fish	 Lupin	 Milk	 Molluscs (Shellfish)	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide	SIGN OFF	DATE
GF Macaroni Cheese													✓			
GF Italian Crumble Cake				✓												
Beef Bolognese with GF pasta													✓			
GF Vegetable Lasagne													✓			
DF Jelly and Fruit																
Roast Chicken & Gravy																
Quorn Roast & Gravy				✓			✓									
Roast Potatoes														MC		
DF yogurt and Banana										MC			✓			
Oriental Chinese Chicken									✓				✓			
Beany Enchilada		Oats														
GF sticky Ginger cake				✓												
DF Fish Fingers & Chips					✓											
DF Lemon Cookie																

These allergen profiles are completed using core recipes and suppliers and should be used for guidance only. Occasionally if ingredients change, the allergy profile of a dish may be different – ensure you check allergy information on ingredient packaging to ensure the information is up to date and accurate and sign and date when complete.