

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7

WEEK ONE

## MONDAY Authentic Italian

Option 1 **BBQ Chicken Pizza**  
Crudites ▲

Option 2 **Margherita Pizza**  
Crudites

Potato/Pasta **Jacket Potato** ◆  
with a choice of  
Fillings

Packed  
Lunch

The Finale

**Warm Pineapple  
with Vanilla Ice  
Cream**

## TUESDAY Family Faves

**Beef Burger  
in a Bun** ▲  
Oven Baked  
Wedges  
Coleslaw

**Super Veggie  
Burger in a Bun**  
Oven Baked  
Wedges ▼  
Coleslaw

**Tomato  
Pasta**

**Sticky  
Gingerbread  
Cake**

## WEDNESDAY Baking British

**Roast Gammon**  
Roasties and  
Fresh Vegetables  
Gravy ▲

**Quorn Fillet**  
Roasties and  
Fresh Vegetables  
Gravy ▼

**Tomato  
Pasta**

**Chocolate  
Brownie**

## THURSDAY Food Festival

**Chicken Curry**  
Wholegrain Rice  
Green Beans ▲

**Vegetarian Curry**  
Wholegrain Rice  
Green Beans ▼

**Jacket Potato** ◆  
with a choice of  
Fillings

**Strawberry Mousse  
with Peach**

## FRIDAY Fun Day

**Fish Fingers**  
Salmon or Pollock  
Chips and  
Baked Beans

**Baked Beans &  
Vegetable Dippers**  
Chips ▼

**Tomato  
Pasta**

**Oat Cookie**

### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

WEEK  
TWO

Spring / Summer 2022

21/2, 14/3, 25/4, 16/5, 6/6, 27/6, 18/7

## MONDAY Authentic Italian

Option 1

### Chicken Pasta Bake

Whole Grain Penne  
Garlic Slice  
Green Salad ▲

## TUESDAY Family Faves

### Shepherds Pie Carrots

## WEDNESDAY Baking British

### Roast Chicken & Stuffing

Roasties and  
Fresh Vegetables  
Gravy ▲

## THURSDAY Food Festival

### Beef Lasagne Potato Wedges Coleslaw

## FRIDAY Fun Day

### Baked Breaded Fish

Chips and  
Mushy Peas

Option 2

### Veggie Pasta Bake

Whole Grain Penne  
Garlic Slice ▼  
Green Salad

### Veggie Shepherds Pie Carrots ▼

### Quorn Fillet Roasties and Fresh Vegetables Gravy ▼

### Vegetarian Lasagne Potato Wedges Coleslaw ▼

### Bean Burger Chips and Mushy Peas ▼

Potato/Pasta

### Jacket Potato with a choice of Fillings ◆

### Tomato Pasta

### Tomato Pasta

### Jacket Potato with a choice of Fillings ◆

### Tomato Pasta

Packed  
Lunch

### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

Peach Melba  
Muffin

Rice Krispie Cakes

Chocolate &  
Marshmallow  
Cake

Apple Pie  
Cake

Fruity Flapjack

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

28/2, 21/3, 2/5, 23/5, 13/6, 4/7,

WEEK  
THREE

## MONDAY Authentic Italian

**Option 1**  
Meatball, Pasta &  
Garlic Bread  
Sweetcorn ▲

**Option 2**  
Vegetarian  
Meatballs &  
Garlic Bread  
Garlic Slice  
Sweetcorn ▼

**Potato/Pasta**  
Jacket Potato ◆  
with a choice of  
Fillings

**Packed  
Lunch**

## TUESDAY Family Faves

Bangers & Mash  
Green Beans  
Gravy ▲

Veggie Bangers  
& Mash  
Green Beans  
Gravy ▼

Tomato  
Pasta

## WEDNESDAY Baking British

Roast Chicken &  
Stuffing ▲  
Roasties and  
Fresh Vegetables  
Gravy

Quorn Roast  
Roasties and  
Fresh Vegetables  
Gravy ▼

Tomato  
Pasta

## THURSDAY Food Festival

Chicken  
Stir Fry ▲  
Wholegrain Rice  
Broccoli

Macaroni  
Cheese  
Broccoli

Jacket Potato ◆  
with a choice of  
Fillings

## FRIDAY Fun Day

Fish Fingers  
Salmon or Pollock  
Chips and  
Peas

Veggie  
Croquettes  
Chips and Peas ▼

Tomato  
Pasta

### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

Chocolate Mousse  
with Mandarin

Toffee Muffin

Vanilla Sprinkle  
Sponge

Apple Crumble  
Cake

Ginger Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch