

# FOOD FESTIVAL

By Aspens

2nd March, 23rd March, 13th April, 4th May, 25th May, 15th June, 6th July, 27th July,  
7th Sept, 28th Sept

WEEK  
ONE

## MONDAY

Family  
Faves

### Main Event

**GF Bangers & Mash**  
GF sausage served  
with DF mash, green  
beans and GF gravy ▲

## TUESDAY

Authentic  
Italian

### Main Event

**Margherita Pizza**  
Vegan Cheesy  
tomato topped GF  
pizza with seasonal  
salad ▼

## WEDNESDAY

Baking  
British

### Main Event

**Roast Chicken**  
Boneless chicken with  
crispy roasties fresh  
cauliflower and GF  
gravy ▲

## THURSDAY

Food  
Festival

### Main Event

**Chicken Curry**  
Marinated chicken in  
a mild GF curry sauce  
with rice and fresh  
courgettes ▲

## FRIDAY

Fun  
Day

### Main Event

**Gluten Free Fish  
Fingers**  
with chips and peas

## Vegetarian Section

### Main Event

**Gluten Free Pasta  
Napolitan**  
Gluten Free Penne,  
tomato sauce  
seasonal salad and  
garlic slice ▼

### Main Event

**Sweet Potato Balti**  
Lightly spiced sweet  
potato, chickpea  
and lentil curry with  
rice and fresh  
courgettes ▼

## Packed Lunch

**Pick and Mix Deli**  
Freshly filled GF sandwich or roll, healthy snack, GF home bake and piece of fruit

## Pasta Bar

Pasta available daily with Tomato sauce or special of the day ◆

GF SPONGE  
CAKE

FRESH FRUIT  
SALAD

DF YOGHURT

GF CHOCOLATE  
CAKE

GF LEMON  
COOKIE

## The Finale

▲ Meat

▼ Veggie

◆ Pasta Bar

◆ Packed Lunch

Spring/Summer  
2020

# FOOD FESTIVAL

By Aspens

9th March, 30th March, 20th April, 11th May, 1st June, 22nd June, 13th July,  
24th August, 14th Sept

WEEK  
TWO

	MONDAY Family Faves	TUESDAY Authentic Italian	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Main Event	<b>All Day Breakfast</b> GF sausage, baked beans, tomato and GF bread and DF spread	<b>Firecracker Pizza</b> Vegan Cheesy pizza with a hint of chilli, mixed salad and wedges	<b>Baked Gammon</b> Baked gammon with crispy roasties, broccoli and GF gravy	<b>Gluten and Dairy Free Chicken Korma</b> Marinated chicken in coconut curry sauce with rice and sweetcorn	<b>Gluten Free Fish Fingers</b> with chips and peas
Vegetarian Section	<b>Veggie All Day Breakfast</b> Egg, Baked beans, tomato and hash brown with bread and butter	<b>Gluten Free Pasta Bake</b> Wholemeal Pasta with fresh basil tomato sauce and cheese with wedges		<b>Cauliflower Jalfrezi</b> Lightly spiced cauliflower and lentil curry with rice and sweetcorn	
Packed Lunch	<b>Pick and Mix Deli</b> Freshly filled GF sandwich or roll, healthy snack, GF home bake and piece of fruit				
Pasta Bar	Gluten Free Pasta available daily with Tomato sauce or special of the day				
The Finale	GF FRUITCAKE	GF SHORTBREAD	DF YOGHURT	GF PINEAPPLE MUFFIN	GF GINGER COOKIE

▲ Meat    ▼ Veggie    ◆ Pasta Bar    ■ Packed Lunch

Spring/Summer  
2020

# FOOD FESTIVAL

By Aspens

24th Feb, 16th March, 6th April, 27th April, 18th May, 8th June, 29th June, 20th July,  
31st August, 21st Sept

WEEK  
THREE

## MONDAY Family Faves

**GF Macaroni  
Cheese**  
mixed salad and  
wedges

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## TUESDAY Authentic Italian

**Beef Bolognese with  
GF Pasta**  
Beef Bolognese with  
GF pasta and house  
salad

▲

## WEDNESDAY Baking British

**Roast Chicken**  
Boneless chicken with  
DF mash, fresh carrots  
and GF gravy

▲

## THURSDAY Food Festival

**Chinese Chicken  
Curry**  
Marinated chicken  
thighs with curry  
sauce and rice

▲

## FRIDAY Fun Day

**Gluten Free Fish  
Fingers**  
with chips and peas

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Main  
Event

Vegetarian  
Section

**Gluten Free  
Vegetable Lasagne**  
Roasted Vegetables  
layered with GF pasta  
topped with DF white  
sauce, garlic slice and  
house salad

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**Gluten Free  
Quorn Roast**  
Quorn with mash,  
fresh carrots  
and gravy

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**Beany Enchilada**  
GF Wrap Mild chilli  
beans, peppers and  
onions with rice and  
sweetcorn

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Packed  
Lunch

**Pick and Mix Deli**  
Freshly filled GF sandwich or roll, healthy snack, GF home bake and piece of fruit

Pasta Bar

Pasta available daily with Tomato sauce or special of the day

The Finale

GF ITALIAN  
CRUMBLE CAKE

GF JELLY

DF YOGHURT AND  
BANANA

GF STICKY GINGER  
CAKE

GF LEMON COOKIE

▲ Meat

v Veggie

◆ Pasta Bar

■ Packed Lunch