

Spring/Summer 2019



On a Tuesday or Thursday
Choose our
packed lunch with a sandwich or roll with a range of fillings, healthy snack, home baked cake and piece of fruit.



w/c 25th February, 18th March, 29th April, 20th May, 10th June, 1st July, 22nd July

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 Option 1	Loaded Mac n Cheese and Garlic Focaccia ▲	Bangers and Mash ▲	Roast Beef and Gravy ▲	Chinese Chicken Noodles ▲	Fish Fingers and Chips
Option 2	Spring Veg Frittata and Garlic Focaccia v	Vegan Quorn Bangers and Mash v	Cherry Tomato and Rocket Tart v	Sweet Potato Balti with Basmati Rice v	Quorn Brunch Muffin and Chips v
	Italian Orange Cake	Banana Bread and Butter Pudding with Custard	Honey Picnic Flapjack	Berry Eton Mess	Cookie and Shake Oat Cookie & Chocolate Milkshake

w/c 4th March, 25th March, 6th May, 17th June, 8th July

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 2 Option 1	Cheesy Mozzarella Pizza with Wedges Fresh Tomato and Basil	Beef Bolognese with Spaghetti ▲	Lemon Roast Chicken with Sage and Onion Stuffing and Gravy ▲	All American Turkey Twist Burger in Wholemeal Bun ▲	Crispy Battered Fish and Chips
Option 2	Wholemeal Penne Pasta Neapolitan v	Cheddar Cheese and Spinach Quiche with New Potatoes v	Quorn Roast with Stuffing and Gravy v	Chunky Chilli Tacos with Tangy Salsa v	Picnic Pitta with Minty Cucumber Salad and Chips v
	Tiramisu Trifle Pot	Toffee Apple Tart and Custard	Ice Cream Tub	Mini Chocolate Brownie with Orange Wedge	Cookie and Shake Ginger Cookie and Vanilla Honey Shake

w/c 11th March, 1st April, 22nd April, 13th May, 3rd June, 24th June, 15th July

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 3 Option 1	Firecracker Pizza with Herb Wedges ▲	Root Mash Topped Cottage Pie ▲	Roast Gammon with Sticky Pineapple ▲	Punjabi Butter Chicken with Rice ▲	Fish Fingers and chips
Option 2	Broccoli and Salmon Pasta Bake	Smokey Quorn Meatballs and Yellow Rice v	Super Green Veggie Lasagne v	Butternut Squash Risotto v	Cheese and Marmite Muffin with chips v
	Apricot Biscotti Lemon Yoghurt	Butterscotch Tart	Magic Chocolate Pudding	Carrot and Pineapple Muffin	Cookie and Shake Lemon Cookie and Berry Milkshake

We offer **seasonal vegetables, bread, yoghurt and fruit daily.**
(allergy information is available)

Served Daily

A baked jacket potato with a choice of toppings



Aspens

