

## TRANSITION TRAINING NHS

## **Mental Health Support Teams**

- What do adolescents and parents worry about?
- Guidance and practical tips for parents to ease their adolescent's anxiety on transitioning to secondary school
  - Advice and coping strategies for anxiety

No need to register just turn up on the day!

TUESDAY 7<sup>th</sup> JUNE 2022 10am-11am Online – link:

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting



If you are planning to use Teams for clinical purposes, it is important to review usage with your local Information Governance and Clinical Safety teams to determine and adhere to best practice around patient data management.

Learn more | Help | Meeting options | Legal