

PSHE Road Map

	Cycle A			Cycle B		
	AUTUMN	SPRING	SUMMER	AUTUMN	SPRING	SUMMER
FS	Myself and my relationships Myself and my feelings	Valuing Difference Keeping myself safe	Rights and responsibilities Health and wellbeing	Myself and my relationships Myself and my feelings	Valuing Difference Keeping myself safe	Rights and responsibilities Health and wellbeing
Year 1/2	Myself & My Relationships Family and Friends Citizenship Rights, Rules & Responsibilities Myself & My Relationships Beginning and Belonging	Healthy & Safer Lifestyles Healthy Lifestyles Citizenship Working Together Healthy & Safer Lifestyles Relationships and Sex Education Healthy & Safer Lifestyles Drug Education	Economic Wellbeing Financial Capability Citizenship Rights, Rules & Responsibilities Healthy & Safer Lifestyles Managing Safety and Risk	Myself & My Relationships My Emotions Citizenship Working Together Myself & My Relationships Family and Friends	Myself & My Relationships Anti-bullying Citizenship Diversity and Communities Myself & My Relationships Anti-bullying	Healthy & Safer Lifestyles Relationships and Sex Education Healthy & Safer Lifestyles Personal Safety Myself & My Relationships Managing Change
Year 3/4	Myself & My Relationships Beginning and Belonging Citizenship Working Together	Citizenship Diversity and Communities Healthy & Safer Lifestyles Managing Safety and Risk	Healthy & Safer Lifestyles Relationships and Sex Education Healthy & Safer Lifestyles Relationships and Sex Education	Myself & My Relationships Family and Friends Economic Wellbeing Financial Capability	Myself & My Relationships My Emotions Myself & My Relationships Anti-bullying	Citizenship Rights, Rules & Responsibilities Healthy & Safer Lifestyles Personal Safety
Year 5/6	Myself & My Relationships Beginning and Belonging ENR Body Image Myself & My Relationships Anti-Bullying/Promoting positive relationships	Citizenship Working Together Economic Wellbeing Financial Capability	Healthy & Safer Lifestyles Healthy Lifestyles Myself & My Relationships Friends and Family	Myself & My Relationships My Emotions Healthy & Safer Lifestyles E-Safety and me: My online identity	Citizenship Diversity and Communities Healthy & Safer Lifestyles Managing Risk	Citizenship Rights and Responsibilities Healthy & Safer Lifestyles Personal Safety