By Aspens

9th Nov, 30th Nov, 21st Dec



MONDAY Family Faves

**TUESDAY Authentic** Italian

WEDNESDAY Backing British

**THURSDAY** Food **Festival** 

**FRIDAY** Fun Day

Main **Event** 

Bangers & Mash Pork chipolata served with mash, green beans and gravy

Maraherita Pizza Cheesy tomato topped pizza with seasonal salad and

garlic slice v

Roast Chicken Boneless chicken with crispy roasties fresh seasonal veg and gravy 🔺

**Chicken Curry** Marinated chicken and fresh courgettes

Fish Fingers Golden breaded thigh pieces in a mild Pollock or Salmon fish curry sauce with rice fingers with chips and peas 🔺

Vegetarian Section

**Quorn Bangers** Quorn sausages with mash, green beans and gravy V

Pasta Napolitan

Wholemeal Penne. tomato sauce seasonal salad and garlic slice v

**Cheese Pinwheels** 

Toasty cheese spirals with crispy roasties and cauliflower v

Picnic Pitta

Quorn dippers and minty cucumber salad with rice and pitta pocket v

**Sweet Potato Balti** 

Lightly spiced sweet potato, chickpea and lentil curry with rice and fresh courgettes

**Packed** Lunch

Ham or Cheese

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

**Ginger Cookie** 

**Orange Muffin** 

Vanilla Cheesecake Chocolate **Brownie** 

Pineapple upside down cake

By Aspens

16th Nov, 7th Dec



MONDAY Family Faves

**TUESDAY Authentic** Italian

WEDNESDAY Backing British

**THURSDAY** Food **Festival** 

**FRIDAY** Fun Day

Main **Event** 

All Day Breakfast Grilled pork sausage, baked beans, tomato and hash brown with bread and butter

**Beef Bolognese** British beef bolognese with penne pasta

**Chicken Goujons** Chicken goujons served with chunky potato wedges

**BBQ** Chicken Marinated chicken thigh pieces with rice & sweetcorn

Fish of the day Lightly breaded white fish fillet chips and peas

Vegetarian Section

**Breakfast** Veggie sausage, baked beans, tomato and hash brown with bread and butter

**Veggie All Day** 

Pasta Bake

Wholemeal Pasta fresh basil tomato sauce and cheese with wedges V

**Cheddar Quiche** 

Wholemeal pastry with Baked cheesy pasta cheese and onion filling with crispy wedges & broccoli

Macaroni Cheese

with a mixed salad & Garlic slice

**Beany Wrap** 

Wholemeal wrap stuffed with baked beans and cheese

Packed Lunch

Ham or Cheese

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

Gingerbread biscuits

Lemon drizzle cake

Chocolate crispy cakes

**Carrot Muffins** 

**Shortbread &** Shake

November 2020



By Aspens

2nd Nov, 23rd Nov, 14th Dec



MONDAY Family Faves

**TUESDAY Authentic** Italian

WEDNESDAY Backing British

**THURSDAY** Food **Festival** 

**FRIDAY** Fun Day

Main **Event**  Margherita Pizza Cheese & tomato pizza served with cobb salad and wedges V

Lasagne Beef Bolognese layered with pasta topped with white sauce, garlic slice and house salad A

Roast Chicken Boneless chicken with roasties, fresh carrots and gravy 🛕

**Sticky Chicken** Marinated chicken thighs with sticky sauce and rice

**Fishcakes** Mini white fish fishcakes with chips and peas A

Vegetarian Section

Veggie Bolognese Quorn bolognese with penne pasta & A garlic slice v

**Tomato** Pasta Bake Wholemeal Pasta fresh basil tomato sauce & garlic slice

Vegetable Lasagne Roasted Vegetables layered with pasta topped with white sauce, garlic slice and house salad v

**Beany Wrap** Wholemeal wrap stuffed with baked beans and cheese wrapped in puff pastry

Veggie Sausage Puff Quorn sausage

with chips and peas

**Packed** Lunch

Ham or Cheese Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

Chocolate shortbread **Banana Muffin** 

Ice Cream Tub

Oaty Flapjack **Sultana Cookie** 

Meat