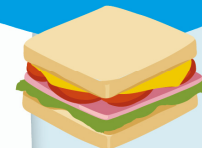


Summer 2018

On Tuesdays and Thursdays there is the option to choose our **packed lunch** with a sandwich or roll with a range of fillings, healthy snack, home baked cake and piece of fruit.



16th April, 7th May, 28th May, 18th June, 9th July 2018

WEEK 1

Option 1
Meat

Option 2
Vegetarian

Monday	Tuesday	Wednesday	Thursday	Friday
▲ Sausage & Mash with gravy	▲ Lasagne	▲ Roast Chicken with stuffing gravy and potatoes	▲ Pizza Day Meat toppings	Fishcake with chips and tomato sauce
✓ Sweet Potato & Chickpea Curry with wholegrain rice	Bean & Vegetable Chilli ✓ with wholegrain rice and baked nachos	✓ Broccoli & Cauliflower Cheese Crumble	Pizza Day Veggie toppings	✓ Quorn Dog with chips and tomato sauce
Custard Biscuit with fruit slices	Berry Cheesecake	Carrot Cake	Sticky Toffee & Banana Pudding	Chocolate Brownie Surprise

23rd April, 14th May, 4th June, 25th June, 16th July 2018

WEEK 2

Option 1
Meat

Option 2
Vegetarian

Monday	Tuesday	Wednesday	Thursday	Friday
▲ All Day Breakfast Pork sausage, bacon, hash brown, tomato, baked beans	▲ Chicken Curry with wholegrain rice	▲ Roast Gammon with pineapple and oven baked wedges	▲ Beef Bolognese with wholemeal penne pasta	Battered Fish with chips
Veg - All Day Breakfast Quorn sausage, hash brown, ✓ tomato, baked beans	✓ Cheese & Tomato Pinwheel with oven baked wedges	✓ Vegetable & Bean Wrap	✓ Cheese, Leek & Potato Bake with beans	✓ Roasted Vegetable Pasta Bake
Shortbread Biscuit with fruit slices	Chocolate Krispie	Apple Pie with custard	Iced Fruit Sponge	Fruity Jelly Mousse

9th April, 30th April, 21st May, 11th June, 2nd July, 23rd July 2018

WEEK 3

Option 1
Meat

Option 2
Vegetarian

Monday	Tuesday	Wednesday	Thursday	Friday
▲ Chicken Noodles	▲ Chicken & Roasted Vegetable Pasta Bake	▲ Roast Pork with apple sauce, gravy and potatoes	▲ Hot Dog with oven baked potato wedges	Salmon Fish Fingers with chips
✓ Baked Bean & Cheese Wrap	✓ Homemade Vegetable Burger with oven baked wedges	✓ Leek & Courgette Crumble with baby potatoes	✓ Veggie Hot Dog with oven baked wedges	✓ Macaroni Cheese with herby bread
Strawberry Mousse	Fruit Jelly with ice cream	Sultana and Oat Cookie with fruit slices	Fruit Crumble with custard	Chocolate Crunch

We offer **seasonal vegetables, bread, yoghurt and fruit daily**.
(allergy information is available)

Served Daily

A baked jacket potato with a choice of toppings



▲ Meat
✓ Veggie
■ Jacket Potato
◆ Tuesday and Thursdays only for Packed Lunch

Aspens