

WEEK ONE

THEME DAYS

Trip to
France

Italian Day
Out

Try our
Scottish
Menu

We offer seasonal
vegetables, bread,
yoghurt and
fruit daily.
(allergy information
is available)

MONDAY Authentic Italian

TUESDAY Family Faves

WEDNESDAY Baking British

THURSDAY Food Festival

FRIDAY Fun Day

Cheese and Tomato Pasta Bake



Wholewheat penne
with the ultimate
tomato sauce topped
with cheese

All Day Breakfast



Grilled sausage, egg,
beans, tomato and
hash brown

Roast Chicken and Gravy with Mash



Chicken fillets with
mash, stuffing and
gravy

Chicken Curry and Rice



Marinated chicken
thigh pieces in a
buttery curry sauce
with rice

Salmon Fish Fingers and Chips

MSC salmon
fish fingers with chips
and peas

Quorn Meatballs and Spaghetti



Quorn meatballs in a
tasty tomato sauce
with wholewheat
spaghetti

Veggie All Day Breakfast



Veggie sausage, egg,
beans, tomato and
hash brown

Quorn Roast and Gravy with Mash



Quorn roast with
mash, sage and onion
stuffing
and gravy

Cauliflower and Lentil Jalfrezi and Rice



Lightly spiced
cauliflower and lentil
curry with rice

Cheese and Bean Wrap and Chips



Half a wholewheat
wrap stuffed with
baked beans and
cheese

Served on Tuesday and Thursday Pick and Mix Deli – Freshly Filled Sandwich or Roll,
Healthy Snack, Home Bake and Piece of Fruit



Jacket Potato with Toppings



Italian Crumble Cake

Crumble base filled
with apples topped
with even more
crumble

Winter Sponge

Orange and cinnamon
sponge with a twist!

Fruity Loaf

Mixed dried fruit cake
with soft brown sugar
and cinnamon

New York Cheesecake

Baked cheesecake
with fruit topping

Lemon Cookie

Zesty lemon cookie with
juicy fruit

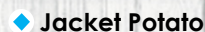
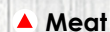
Main
Event

Vegetarian
Section

Packed Lunch

Jacket Potatoes

The Finale



WEEK TWO

MONDAY Authentic Italian

Cheese and Tomato Pizza

Pizza topped with tomato sauce and cheese

TUESDAY Family Faves

Beef Lasagne

Layers of pasta with minced beef and tomato sauce topped with cheese

WEDNESDAY Baking British

Sausage with Mash

Pork sausage with mash and gravy

THURSDAY Food Festival

Chicken Fajitas

Marinated chicken with sliced vegetables, rice and a wheat wrap

FRIDAY Fun Day

Golden Fish Fingers and Chips

MSC pollock fish fingers with chips

THEME DAYS

Fairytale
Festival

Chinese New
Year

Pancake
Day

We offer seasonal
vegetables, bread,
yoghurt and
fruit daily.
(allergy information
is available)

Main
Event

Vegetarian
Section

Packed Lunch

Jacket Potatoes

Tomato and Roasted Veggie Risotto

Roasted peppers, courgettes and tomatoes with edamame beans and rice

Vegetable Lasagne

Layers of pasta with vegetables and tomato sauce topped with cheese

Quorn Sausage with Mash

Quorn sausage with Mash and gravy

Quorn Fajitas

Marinated Quorn with sliced vegetables, rice and a wheat wrap

Sticky Onion and Cheddar Quiche and Chips

Wholemeal pastry with a caramelised onion and cheddar filling.

Served on Tuesday and Thursday Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit

Jacket Potato with Toppings

Tiramisu

Soft cheese and cream layers with sponge and cocoa

Winter Fruit Brulee

Dessert pot with berries, cream and yoghurt with a crunchy topping

Apple and Berry Crumble

Baked apples and berries topped with an oaty crumble

Mexican Chocolate Pudding

Chocolate and cinnamon flavoured sponge and sauce..

Ginger Cookie and Fruit Slices

Ginger Cookie with juicy fruit

The Finale

▲ Meat

▼ Veggie

◆ Jacket Potato

■ Packed Lunch

WEEK THREE

MONDAY Authentic Italian

Macaroni Cheese



Baked cheesy pasta with a crunchy topping

TUESDAY Family Faves

Minced Beef Pie



Minced beef and carrot pie with gravy and mash

WEDNESDAY Baking British

Roast Chicken and Gravy with Roast Potatoes



Chicken fillets with roast potatoes, sage and onion stuffing and gravy

THURSDAY Food Festival

Hot Dog and BBQ Beans



Hot Dog sausage in a roll with BBQ flavoured beans

FRIDAY Fun Day

Golden Fish Fingers and Chips

MSC pollock fish fingers with chips

THEME DAYS

Trip to
Wales

Best of
British

And lots
more ...

We offer seasonal
vegetables, bread,
yoghurt and
fruit daily.
(allergy information
is available)

Main
Event

Vegetarian
Section

Quorn Bolognese



Quorn, vegetable and tomato sauce with wholewheat spaghetti

Crispy Topped Vegetarian Pie



Crunchy vegetables in sauce with sliced potato topping

Quorn Roast and Gravy with Roast Potatoes



Quorn Roast with Roast potatoes, sage and onion stuffing and gravy

Veggie Dog and BBQ Beans



Veggie sausage in a roll with BBQ flavoured beans

Cheese & Tomato Pinwheel with Chips



Baked bread base with cheese and tomato filling with chips

Packed Lunch

Served on Tuesday and Thursday Pick and Mix Deli – Freshly Filled Sandwich or Roll,
Healthy Snack, Home Bake and Piece of Fruit



Jacket Potatoes

Jacket Potato with Toppings



Lemon Drizzle Flapjack

The Finale

Oaty flapjack topped with a lemon drizzle

Sticky Ginger Cake

Traditional sticky ginger sponge with custard.

Fruity Rice Pudding

Chilled rice pudding with caramelised pineapple

Vanilla and Blueberry Blondie

Chewy, fruity traybake with vanilla and blueberries

Oaty Energy Cookie

Oat Cookie with juicy fruit

