

Autumn / Winter 2022 / 23
31/10, 21/11, 12/12, 2/1,
23/1, 13/2

What's On The Menu?

MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backing British	THURSDAY Food Festival	FRIDAY Fun Day
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Beef Bolognese
With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Cowboy Pie
Mash topped Sausage & Bean Pie with Carrots

Roast Chicken Sage & Onion Stuffing
Crispy Roasties & Fresh Veggies & Gravy

Mild Chilli Beef & Cheese Homemade Nachos
Oven Baked Potato Wedges & Sweetcorn

Golden Fish Fingers (MSC)
Choose Salmon or Pollock, Chips & Baked Beans

Veggie Bolognese
With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Veggie Cowboy Pie
Mash topped Veggie Sausage & Bean Pie with Carrots

Cheese, Veg & Spinach Puff Pastry Roll
Crispy Roasties & Fresh Veggies & Gravy

Cheese & Veggie Homemade Nachos
Oven Baked Potato Wedges & Sweetcorn

Crispy Bean & Vegetable Fingers
Chips

Hot Tomato Pasta
with or without Grated Cheese on top

Crispy Skin Jacket Potatoes
Choice of Tasty Toppings

Pick & Mix Packed Lunch
Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Toffee Apple Slices
topped with Vanilla Ice Cream

Crispy Chocolate Cornflake Cakes

Golden Syrup Sponge

Pineapple Upside Down Cake

Chewy Flapjack

FOOD FESTIVAL
By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad,
Choice of Fresh Fruit & Yoghurt



Week One

Autumn / Winter 2022 / 23
7/11, 28/11, 19/12, 9/1, 30/1

What's On The Menu?

MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backing British	THURSDAY Food Festival	FRIDAY Fun Day
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Meat Free Monday! Choose either our tasty Margherita Pizza or our Veggie Supreme Served with Pasta Salad & Mixed Crudites	Classic Beef Burger in a Bun with Oven Baked Wedges & Garden Peas Super Veggie Burger in a Bun with Oven Baked Wedges & Garden Peas	Roasted Gammon Joint Crispy Roasties, Fresh Veggies & Gravy Veggie Sausage & Root Veg Traybake Crispy Roasties, Fresh Veggies & Gravy	Not So Spicy Chicken Tikka Masala Wholegrain Rice, Turmeric Carrots & Peas Creamy Vegetable Korma With Wholegrain Rice, Turmeric Carrots & Peas	Golden Fish Fingers (MSC) Choose Salmon or Pollock, Chips & Baked Beans Crispy Bean & Vegetable Fingers Chips
Hot Tomato Pasta with or without Grated Cheese on top				
Crispy Skin Jacket Potatoes Choice of Tasty Toppings				
Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit				
Jelly & Fruit Slices	Marble Sponge Cake	Chocolate Brownie	Apple Sponge Cake	Crunchy Vanilla Cookie

FOOD FESTIVAL
By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad,
Choice of Fresh Fruit & Yoghurt



Week Two

Autumn / Winter 2022 / 23
14/11, 5/12, 26/12, 16/1, 6/2

What's On The Menu?

MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
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Cheese & Tomato Pizza Melt Baguette with Wholegrain Pasta & Sweetcorn Salad	Toad in the Hole with Creamy Mash, Green Beans & Gravy	Roast Chicken & Sage & Onion Stuffing with Crispy Roasties & Fresh Veggies & Gravy	Homemade Chicken Nuggets with Oven Baked Wedges & Broccoli	Golden Fish Fingers (MSC) Choose Salmon or Pollock, Chips & Baked Beans
Tomato & Mozzarella Gnocchi Traybake with Wholegrain Pasta & Sweetcorn Salad	Quorn Toad in the Hole with Creamy Mash, Green Beans & Gravy	Quorn Roast with Crispy Roasties, Fresh Veggies & Gravy	Crunchy Topped Macaroni Cheese with Oven Baked Wedges & Broccoli	Baked Beans & Vegetable Fingers Chips
Hot Tomato Pasta with or without Grated Cheese on top				
Crispy Skin Jacket Potatoes Choice of Tasty Toppings				
Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit				
Sticky Banana Pudding	Chocolate Oat Cake	Vanilla Sprinkle Sponge	Apple Sponge	Shortbread

FOOD FESTIVAL
By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad,
Choice of Fresh Fruit & Yoghurt



Week Three